THE PLEASURES OF PEACE

By the Same Author

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THE PLEASURES of PEACE

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for Maya

We sailed the great ocean and came back, without proof.

(Alan Halsey)

Rotating the stone wheels may save you from pain and suffering.

(sign at Zenkoji Temple, Nagano, Japan)

Keep to the point and make the drummer sound good.

(Thelonious Monk to Steve Lacy)

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ISLANDED

dark blue, whitecapped waves fill the lower half of the window

heathery hills the upper half, and then

as the boat rolls, the window frames only sky

*

approaching the island

a hundred yards offshore the smell of cow shit on the wind

*

*

a curve of beach a jetty a low rounded hill leaning gravestones and a roofless chapel

await the thick deft BB pencil of Wilhelmina Barns-Graham

horizontal bands of colour reach to a low horizon:

a drystone wall spotted with yellow lichen a brilliant strip of grass a fire-red straggle of wind-blown montbretia slick black rain-wet tarmac richly smirched by the recent passage of a trotting herd of beeves ribbons of yellow and brown seaweed ruffled water tinged turquoise by the sandy seabed darkening further out to deeper then deeper blues

on the opposite shore

banks of mottled brown seaweed slope up to red-roofed houses and a gently curved horizon where two wind turbines stand tall against grey sky

> small boats heave at their anchors in an insistent westerly wind seabirds bob among whitecaps

cloud shadows and sunshine constant changes of light

*

low grey clouds head rapidly eastwards high white altocumuli proceed steadily west connoisseurs by now of squall, downpour and drench

(you'll be all right atween the shoures the boatman said as we disembarked)

weather sweeps in from the west wind so strong it blows the pelting rain horizontally over our heads as we hunker in the lee of the half-height walls of the oldest house in north-west Europe

dry and snugly sheltered, squatting on our heels on a Neolithic farmer's living room floor

*

*

people friendly, grounded always ready for a chat somewhere where everyone knows everyone

swadge: to sit back and rest after eating

'four' pronounced phooerr

Michael's family: here on the island since the eleventh century The bakery bakes bread on Wednesday and Saturday – you get it hot from the oven. They can't easily send it off the island. It's a matter of sustainability – you don't want to build up your workforce, and then the winter storms are bad enough so there's no boats, and then you lose all the contracts. So they mostly make biscuits and oatcakes and things with a longer shelf life – a week of storms with no boats makes no difference to those.

*

*

curlews, lapwings, snipe, golden plovers and linnets feed in the fields

grey seals

with white whiskers sit up head and shoulders out of the water watch us with alert and curious eyes

fulmars, gannets and gulls soar above the sea rise on updrafts, wheel on gusts, or let their flight be

slowly bent from its path by the unabating, incessant westerly

> beak, bird eye and ruffled feather the weather-wise tilt of a slanted wing my song my flight a wind-blown silence poised on a swerve of air

in the small airport departure lounge

the clock is wrong

Westray & Papa Westray, 12–14 September 2018

NORTH

the train halts

windless silence, falling snow visibility ten metres

twigs and branches, silver birches muffled with heavy white

*

north-western coast a sea in turmoil among dark rocks

*

FUROUFUSHI ONSEN

a concrete path across a stony beach yukata flapping wildly in the gale to an open-air hot spring exactly at the sea's edge

> waves heave towards the land, sheets of foam criss-cross, overtake each other, subside in an agitation of blue water amongst black rocks beside the bath

steaming orange-brown mineral-laden water a pink-orange sunset intermittently glimpsed between grey roiling clouds

gulls swerve and dip three rapid cormorants do a fly-by parallel to the shore

biting wind off the sea chills the windward shoulder fingers and toes instantly numb on stepping from water into air

furoufushi = 'no ageing, no death'

*

the gale thumps, batters at the flimsy building all night loud enough to wake me, take me to the window to watch

huge seas crashing to shore waves tripping over themselves and tumbling headlong in a seethe of white

in the grey dawn a hailstorm rattles the breakfast room windows MORNING BUS

coastal villages potholes and empty houses no one to be seen

*

wind strong enough to have rolled newly fallen snow into snowballs, to have trundled these across the freezing white plain – leaving a tangled skein of tracks behind them – until, too heavy to be shifted further, they came to rest, stranded here and there in their random not-random places

*

AOMORI

apples and grown-under-snow carrots fish from northern ports

in the hush after the shinkansen's departure boot soles creak on snow

Akita & Aomori Prefectures, 28–29 January 2019

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I

Sirens wail and steel objects fall from the sky, giving banks and insurance offices heart attacks, axe-blow spasms

that shrug masonry off its foundations – building after building climbing down itself into the street to be consumed in fire.

This happened before I was born, but as a small child, peering through gaps in rickety wire-and-picket fencing, I saw ruined cellars and shattered brickwork, tattered wallpaper adorning ghost rooms two storeys up, traces of vanished stairways climbing propped-up walls, and lakes of rosebay willow herb – sheets of ruffled purple mantling the rubble and bared earth of basements opened to sky.

2

When a fire or other disturbance opens up the ground, the seeds of *Chamaenerion angustifolium* germinate. Some areas can, after burning, be covered with dense stands of this species; in Britain in the 1940s the plant became known as 'bombweed' due to its rapid colonisation of the bomb craters. Seventy and more years on, the trees on Hampstead Heath heave their shoulders and rustle their spreading limbs like giants doing Tai Chi.

A sudden alarm call, and an unseen blackbird thrashes away through heavy summer foliage.

Lifting its head above a bed of brambles, a single purple flower stirs and sways, attentive to the fleeting motions of the wind.

Among trees, across grass, through bracken, skirting thickets, the path leads on like a thought.

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